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Bowl of boiling water in room

Many homes become uncomfortable because dry air in winter causes irritation of the skin, irritant sinus passages and other sets of health problems. Humidifiers are a quick way to add and monitor moisture in the air. However, if you lack a humidifier, there are other alternatives and natural ways to moisturize the room. These are cheap methods that you can try today in your home to raise humidity even without a humidifier. !7 Methods of moisturizing the room without humidifierHow to measure humidityFAQs 1. Boiling water Boiling water is perhaps one of the fastest ways to moisturize the room. Anyone can do it in their home because it doesn't require much effort to perform. Just take a saucepan or pot, add water and let it boil. Steam released into the air adds moisture to the surrounding areas. Aside from boiling only water, you can also take this chance and add essential oils to make the air more soothing and relaxing. A few drops of relaxing essential oils, such as lavender, lemongrass or rose, will do. Adding other varieties of essential oils can also help fight germs and alleviate coughs and colds. 2. Get houseplants to lose water in the environment through a process called transpiration. Although water is essential for the plant, only a small amount taken by the roots is used to grow the plant. Excess water is lost due to the air parts of the plant, such as leaves, flowers and stems. In your home you can take advantage of this natural process to add moisture to your home. 3-] Costa Farms however, be sure to keep the plants watered because a dry house can also be tough on them. Houseplants that are well suited to increasing humidity include Dracaena, Philodendron, Lily World, Herk Palm, and Bamboo Palm, just to mention a few. 3. Hang clothes for drying indoors Using a dryer is a common way of drying clothes. However, leaving your wet clothes hung inside your home is a great way to increase humidity naturally. As clothes are dry, the water slowly evaporates, thereby improving humidity. If you don't have a fabric hanger installed in your home, you can buy an internal drying rack. Instead of a wall drying rack, you can get a collapsible, in which you can move to different rooms to ensure moisture and improve humidity. AmazonBasics Folding clothes drying laundry rack is a good cheap option you can try. As a bonus, using a drying rack, you'll also get your house to smell fresher. 4. Place pots or bowls of water Near the heat source When the water is exposed to heat, it evaporates in the form of steam. If you have a radiator at home, place a ceramic or metal bowl of water nearby. You will be surprised by how the water stands out. If you do not have a radiator, you can place a bowl of near the heat source. Espite the fact that the bowl is not directly at the heat source, the same principle will apply. 5. Cook on the stove When you cook, and how do you do it? Cooking on the stove can help increase humidity advantage of accidental release of moisture. When you cook, you can try making dishes that use boiling water such as rice, pasta or potatoes. When the water boils, the part will evaporate into the air, thus increasing moisture in the area and surrounding area. Instead of using the microwave, you can also make small changes, such as using the kettle to warm the cup. 6. Place water bowls near the window or around the room Similar to using a bowl filled with water near the heat source, this technique uses heat to help the water evaporate. However, instead of using heat from a stove or radiator, this uses solar heat. On sunny days, take a bowl of water and place it on the windowsill. Make sure the curtains are open so that sunlight penetrates and heats the water. The disadvantage of this method is that it can only be used on sunny days. In winter, the sun rarely turns out, which will limit this method only to those sunny, warm days. In addition to placing them on the windowsill, you can also install bowls around the room you want to moisturize. It will also work, but at a slower speed. 7. Use Crock-Pot Crock-pots well to make a pot of stew, however, you know you can use pot also to moisturize the room? Tableware-pot filled with water can effectively serve as a humidifier. First, fill the pot with about three-quarters. Cover the pot with a lid and return it to its highest value. Take it to a room in which you would like to increase humidity and remove the lid so that the warm steam escapes into the air. In addition to adding moisture, you can also add baking powder to the dish with some water. This will help to moisturize, as well as refresh the room or even soft cellars. 8. Use a steamer If you regularly use a wood-burning stove, then you can take advantage and get a cast iron oven steamer for your home. Oven steamer provides one of the best ways and the fastest way to add moisture to the air. All you have to do is pour the steamer with water and place it on the stove. Steamer Dragon Wood Stove As the water heats, it will produce steam, which will increase humidity. Unlike boiling water on a pot or pan, a steamer can also add to the décor of your home. You can buy decorative like dragon Wood Stove Steamer. 9. Sponge Humidifier In addition to cleaning your car or dishes, the sponge can also help moisturize the room. There are two ways you can go about using a sponge. First, take the sponge and moss it in water. Squeeze the sponge to remove excess water. Take a plastic bag and cover with a sponge. Puncture the plastic bag with a series of small holes and place it in the room in which you want to increase humidity. Depending on the size of the room, you will need more than one sponge to achieve the desired humidity. The second approach to using sponges as DIY includes a fan and a saucepan. First, cut the sponge into a few pieces that fit into the pan. Add the hot water to the pan until it is half full. Insinuate the pieces sponge into the pan and let them soak for a few minutes. Take the pan with the sponge pieces and place it in front of the fan. Tilt the pan 15-45 degrees so the fan blows over the pan. This should help moisturize the room. 10. Use spray bottle spray bottles like those for plants, pets or detergents can also work to improve humidity. Simply fill the bottle with cold or warm water and spray it into the air now and then. The more spectacular the fog from spraying the bottle, the better and more efficient it will work. However, be careful not to spray more water than something that can evaporate quickly, or you can damage furniture, bedding or carpet. 11. Wet the curtains, spraying curtains, this is another great way to add moisture to the house. Take spray bottles and moisten the curtains. If there is no bottle spray, you can use your hand and sprinkle water evenly on the curtain. In order for this to work, curtains must be exposed to sunlight. This will help to evaporate the water in the room. To speed things up, you can open the windows and let the air blow through the curtains. 12. Ventilate your electric clothes dryer inside If you have an electric dryer, you can use it to your advantage in your home at some times of the year, like winter, when the air is dry and the weather is cold. Dryers use a lot of energy. They suck the air in your house, warm it and blow hot air on your clothes. Thanks to this process, hot air along with moisture from your clothes comes out through the ventilation pipe. When you weather the dryer outside, all heat and moisture is lost. However, you can do something about it – ventilated dryer in your house. Moisture will prevent excessive dryness in the house, as well as you can save a lot of energy and money on heating. In order not to get into your house, add a metal filter over the end of the pipe to catch the fly. If you are using a gas dryer, do not take into account this option. This is because the vent also works like a vent. This will add combustion products such as carbon monoxide gas in your home. 13. Leave the bathroom door open while taking a shower If you like taking a hot shower, then you can take advantage of this situation and add moisture to your home, leaving the bathroom door open. Leaving the door open when taking a shower helps the pair escape. This helps in improving humidity in the surrounding areas. However, this option may have limitations. If you live alone or with people who respect your privacy, it may work. However, in other cases leaving the bathroom open may not be an option. 14. Leave the water in the bath After taking a shower, instead of draining the water immediately, you can leave it for up to one hour. As the water cools down, it will also slowly evaporate, moisturizing the bathroom and interconnecting rooms. However Don't forget to keep the bathroom door open. Wet towel placed on ventilation | David Wirt 15. Use Use Wet towel Wet towel placed on the air vent can also improve humidity. Wash the towel in water and place it on the air vent. When the towel dries, soak it in water and place it back on the air vent. You can use multiple towels to increase humidity faster. Alternatively, to put a wet towel over the air vent, you can also hang towels from your ceiling fan blades when it's not working. 16. Leave the dishwasher open Some

dishwashers will automatically open the door at the end of the washing period so that the dishes dry. After the washing period, you can bypass the drying cycle and allow the dishes to dry. This will allow the pair to escape and mooth your inner air. It will also save you a lot of energy without running a heated drying cycle.

17. Try the Indoor Fountain Indoor Fountain or Waterfalls is a great idea to improve humidity. For homeowners, an indoor fountain will also become a decorative and permanent solution that will help keep dry air at bay. Indoor fountain, waterfall or other water volumes around your home act as natural humidifiers. When the air dries, the water will evaporate. HoMedics Silver Springs Indoor Relaxation Fountain This process, while slow, moisturizes your home and also prevents excessive hydration. The good thing is that water features require less maintenance, and because they're versatile, you can get one personalized according to your home and budget. How to measure humidity Tracking your home's humidity levels can help you fix dry air problems before it gets too serious. To measure the humidity of your home, you can purchase a hygrometer from your local hardware store or home store. Once you've bought a hygrometer, choose the place in your home where you spend most of your time and place there. Avoid placing a hygrometer at the door, humidifiers, heaters or air conditioners. Once the hygrometer is set to the selected location, leave it for a few hours to get the best best reading. Taking a reading immediately after placing the humidifier will likely lead to false reading. FAC Can dry air make you sick? So. Dry air can cause suffusive nose, cracked skin and other health problems. It will also make your home uncomfortable and provide a thriving environment for viruses. According to an article published by Nytimes, dry air makes the flu virus among other viruses stable and able to survive longer. Does opening the window help dry air? Why do I need a humidifier when you can just open windows? Dry air is usually felt during the winter season. Opening windows is not only counterproductive, but also will reduce the humidity level in your home. Always keep windows closed and use the above methods or, better yet, to maintain optimum humidity levels. Does the diffuser add moisture to the air? So. Essential oil diffuser will add moisture to the air. However, the sole purpose of the diffuser is scattered scattering essential oils in the air. So when you diffuser for moisturizing, it will only improve humidity by a small percentage. If you want to disperse and moisturize at the same time, you can try moisturizer diffuser combos. Read our in-depth article on humidifiers against diffusers. What causes dry air in your home? Dry air is felt mainly during the winter season. During the winter season, humidity is very low, and it also freezing. Thus, in most households people pounced on the heat to add heat. This, in fact, works only to reduce the already small amount of moisture in the air. Can a dehumidifier make the air too dry? So. A dehumidifier can remove excess moisture in the air, which will cause dry air. This will eventually create a set of other problems related to dry air. To avoid this, you can get a dehumidifier with a built-in humidifier. It automatically turns off at ideal humidity levels. You can also consult with professionals who will know what meets the needs of your home and properly set up a dehumidifier. Conclusion Maintaining humidity in the house at optimal levels should not be difficult if you do not have a humidifier. Our 17 methods are proven and should be easily implemented in your home for no particular reason. Leave a comment below about your experience or other known ways to eliminate dry air in your home. Home.

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